

Annex L
1086-25-1
19 Sept 16
PERSONAL KIT LIST

This list is designed from extensive experience. It is highly recommended to follow this list as close as possible. The following is the required gear that the Cadet is to bring on exercise. **If the Cadet does not have the equipment available to him or herself, and is unable to borrow it, than it is expected that the Cadet will bring this to the attention of the Squadron staff so that it can be located.**

Cadet Kit Inspections will take place on the Friday night of the FTX. Cadets will be separated by gender and will have their kit inspected by an officer or screened parent of the same gender

A. CLOTHING

Rain Gear (jacket & pants or poncho)
Warm Gloves/Mitts
Sweatshirts (min 2)
Warm pants (min 2 pair, Jeans are not recommended)
Warm sweater
Long sleeve shirts (min 3)
Long underwear (1 set of tops and bottom)
Wool socks (min 3 pair)
Underclothing (4 pair min)
Warm jacket
Toque
Ball cap or sun hat
Boots (Should be waterproof & suitable for hiking)
Extra Footwear
Sunglasses
Pyjamas

B. TOILETRIES

Toothbrush
Toothpaste
Washcloth
Hand towel
Soap
Hand Sanitizer
Sunscreen
Wet wipes
Other hygiene products

C. NON CLOTHING ITEMS

Back-pack
Notebook
Pencil
Water Bottle
Pocketknife to be approved by Sqn staff
Flashlight with spare batteries
Fork, butter knife, spoon
Plastic Plate
Sleeping Bag
Pillow
Ziploc Bag of Dryer Lint
Any daily use medication

D.

PROHIBITED ITEMS

Hand Held Radios

Cigarettes, lighters, or matches

Alcohol

Drugs

Pornographic material

Handheld weapons (excluding above mentioned item)

Portable stereo

Cell phones

Food or drinks (excluding water)